

LADIES PRAYER INFORMATION

Leader: Sara Moll (email: tmoll@neb.rr.com; phone: 643-6234)

When: Fridays

Time: 1:00 – 2:00 pm

Where: The Sloup's, 303 Northern Heights Drive, Seward

What: We are a group of ladies who meet to pray for The Rock. We also, when time allows, pray for each other and/or take prayer requests. We also pray for the prayer requests that are collected in church on Sunday. We follow a “four step” prayer meeting format. We pray “conversationally” and in “one accord” (see below for more details).

Guidelines: Come as you are!

You do not HAVE to pray aloud. It is just fine to pray along silently.

We start and finish on time.

All prayer matters are CONFIDENTIAL. No prayers or prayer requests are disclosed or discussed outside of prayer time. THIS IS BIG!!!

What to bring: A Bible, pen and three ring notebook (for prayer forms).

Some questions you may be asking...

1. What are the “four steps of prayer”? To organize the prayer time we follow a pattern developed by Mom's In Touch International. The first step is PRAISE, then CONFESSION (silent), then THANKSGIVING, then INTERCESSION. (Mom's In Touch International or MITI is an organization dedicating to forming groups of women to pray for the schools their children attend. To find out more, please check out their web-site www.momsintouch.org.)

2. What is praying conversationally and in one accord? Instead of praying in a circle and taking turns, the prayer time is more like a conversation with God with people jumping in when they feel moved to pray. The conversation is with our Heavenly Father. Everyone takes turns praying, in no particular order. Not everyone has to pray out loud. You can still be part of the conversation with God even if you don't pray aloud. Praying in one accord means we focus on one subject at a time. Each person prays over the subject until it is thoroughly covered. Times of silence are fine. God speaks during these times, too. The goal is to keep prayers short and simple and encourage everyone to participate, keeping the focus on God. This format was developed and is promoted by MITI as well.

3. Is this a Bible Study? Not really....but we read the word of God and we pray scripture (taking the Word and turning it into a prayer). You learn a lot about God's word because you are busy praying it!

4. What if the time doesn't work for you? You can help the Rock through prayer in other ways, such as praying for the prayer requests right after church on Sundays, praying with individuals one-on-one right after church, and praying on your own time for The Rock.